

Simply  
Pray  
Simply  
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Simply

St James  
Church  
TAUNTON



## Lectio Divina

Praying with scripture

## Examen

Praying your  
experiences

## Centring

Praying in your  
“inner room”

## Taizé

Praying with music

## Labyrinth

Walking prayer

**Saturday 23 September**

2023

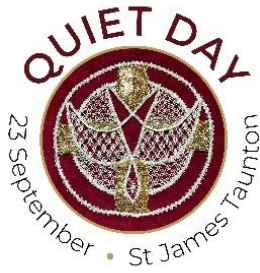
anytime between 9.45 – 15.45

**St James Church**

St James Street Taunton TA1 1JS

[www.stjamestaunton.org](http://www.stjamestaunton.org)

mob: 07772 881463



# St James Church

Taunton, TA1 1JS

(next to the County Cricket Ground)

Saturday, 23 September 2023

9.45am until 3.45pm

Welcome to a Quiet Day on the theme of prayer at St James' church with medieval origins associated with the 12<sup>th</sup> century Taunton Priory which was located nearby. We hope to offer you the opportunity to enrich your prayer life as we experience different ways to

## Simply Pray

The day has a structure, but you are under no obligation to follow it. Drop in for an hour or stay for the day. Please feel free to dip in or out of the [programme](#) as you feel led.

There will be opportunities to learn more of Lectio Divina and Examen prayer which the popular Prayer App Lectio 365 is based around. If you wish to have a time of silent meditation our side chapel, built on the site of an old chantry (or prayer chapel), will be set aside for Centring Prayer

Join in singing Taizé and there will be a guided Celtic Prayer Walk available around the church. We've set aside a space where you can simply sit and relax with a drink to a backdrop from local artists and creative writers

There is an opportunity to explore our hidden churchyard and enjoy a Prayer Trail around our meadow area adding your pebble to the Prayer Cairn. Perhaps you would like to experience walking a Labyrinth as well

Tea and coffee will be available throughout the day and feel free to bring along a picnic lunch. There is no cost for the day although it will be helpful to have an idea of numbers to keep our costs to a minimum. [Click here](#) if you know you can make the date but don't be put off, simply turn up any time during the day.

Contact Lyn on 07772 881463 for more information



Website: <http://stjamestaunton.org>

Facebook: <https://www.facebook.com/stjamestaunton>

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