



*Children have been given wheelchairs as part of our Christmas appeal*

## **Bringing value and dignity**



Over the course of the Christmas period we reached out to you for donations towards various activities Actions for children's Trust fund; and one of them was Centre equipment and disability assists. From the total collections of that period we raised about £500 specifically for wheelchairs or equipment and we come bearing some good news.

Emmanuel has since just returned from Uganda to deliver on that very promise. Four (4) of our disabled children had outgrown their mother's back and following a successful period of rehabilitation through Physiotherapy and guidance, these have been experiencing significant changes. For example Sumaya was brought to us unable to sit unaided, no muscle strength for trunk support. She can now sit on a bed astride for a considerable period unaided. Sumaya was one of the four who had wheel chairs fitted to aid her progress.

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## Message from the Chair

We are very pleased to see growth in this way, but are always in faith for more.

This is because all that is known, and all that is raised goes towards helping an often isolated community of parents and children, struggling with additional needs and disabilities in Uganda. Our hearts are for that wonderful mission of giving aid: building a Centre, providing equipment, providing professionals to give treatment, supporting maintenance staff, providing food and welcome to many different families - to name a few things we



Since the last time I reported back to our supporters much has gone on. Knowledge about and support for our charity, has been growing as has fundraising and giving. This is very encouraging and is evident of a growing awareness of our charity ACTS, and what we seek to achieve for Ugandan families with additional needs children. There, support can be very difficult to access and many families really struggle..

aim to do.

Thank you to all our supporters and trustees - and thank you too for showing your interest in something which breaks our hearts for what breaks the heart of God.. those who suffer and need hope.

*John Buckley*

## Highlights from Uganda

Your donations we collect are transforming lives and a lifeline to the children we support. Nearly 400 physiotherapy sessions and 60 Occupational therapy support and assessments in the community have been carried out; 12 referrals to our Centre and we are currently appreciating and enjoying the changes we see in a number of our children who regularly attend our therapy sessions. Table below shows the number of children experiencing improvements in their health.

Enhanced Neck strength	05
Enhanced Trunk strength	03
Independent Sitting	01
Independent Standing	01

Enhanced Joint Range of Motion	02
Independent Walking	01
Independent Feeding	00
Visual sensation	02
Auditory sensation	02
Hand eye coordination	03
Proprioception	02
Functional grip	01



*Sumaiya, one of the children benefitting and experiencing improvements in her journey to independence. Here at a wheelchair fitting day at the Centre*

- Twice monthly, we carry go on outreaches into the community where we go to encourage, motivate and identify disabled children who would be otherwise isolated and hidden in their parents' or guardians' backyards and houses. We confront the

issues of child neglect and isolation by counselling and befriending people without prejudicing them.

#### Other things done

- in order to maintain hygienic environment suited for the facility like ours, we have tiled the 2 rooms which are soon going to be used as the medical link. A number of rooms still await tiling.
- Built a perimeter wall around the building to enhance security and safety of the place.
- up to 300 Food parcels which is equal to nearly 9000 meals in total have been given out



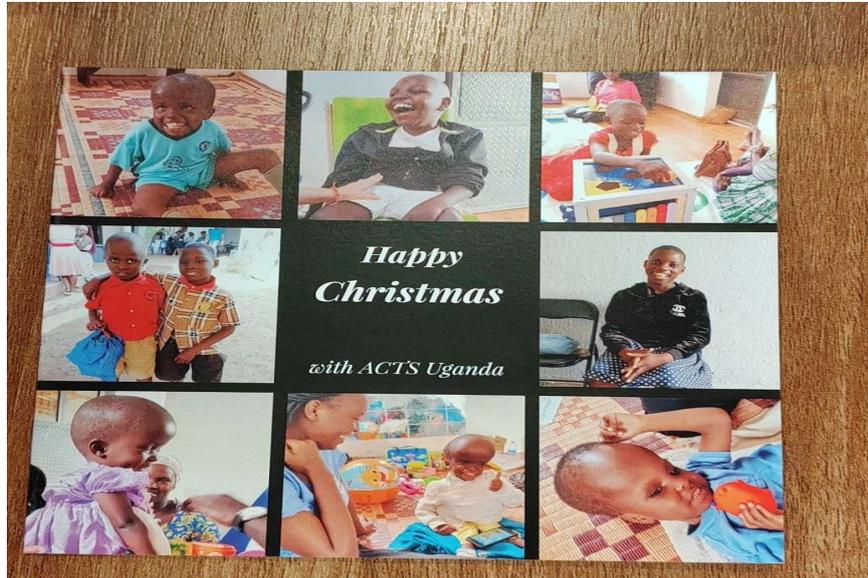
*some of the parents collecting their food parcels last December*

## **News from the just concluded 'Alternative gifts'**

Hello everyone,

Firstly a HUGE thank you for your support running up to Christmas, with the 'Alternative Gifts'

for the children at Wobulenzi. You've been amazing! Instead of buying your family and friends Christmas presents from the shops here, you bought some very special gifts that are making a big difference to lots of young lives in Uganda.



*Photo of one of the cards bought from the 'Alternative gifts'*

Altogether you have given:-

- 24 food parcels- yummy!
- 11 days of nursing care, and 140 therapy sessions- wow!
- Over 100 bus fares, and the water bill for 8 months- all smiles!
- 3 bags of cement and 800 bricks, towards the new perimeter security wall- its going up as we speak.
- A massive 29 bottles of anti-epilepsy medicine- such a life changer.
- And...drum roll... Four children have spanking new bright blue wheelchairs! All thanks to YOU!

We are so grateful for your support, these gifts really do change the lives of these children and their families.

Please continue to support the work of the children's Therapy Centre through your prayers, your gifts and any of the following practical ways.

- We are collecting children's footwear to repurpose for the children who need shoes or boots to help them walk.
- We are collecting small baby/toddler toys to help children learn to use their hands, hearing and sight (but nothing with batteries, thank you).
- We are collecting any books with a barcode to sell through an app on my phone; Plus any surplus foreign currency and obsolete sterling. It is amazing what can be turned into cash to support the Centre.
- We are always on the look-out for unwanted gifts and good raffle prizes for fundraising events here.

Please pass any of these things on to one of the ACTS Uganda team, or drop us an email at [actuganda1@gmail.com](mailto:actuganda1@gmail.com) or [actionsuk@gmail.com](mailto:actionsuk@gmail.com)

Come along and Join in! There is our Quiz night on 28th Feb, Starting at 7.30pm; A coffee morning with plant sale on 16th May, starting at 10am. Both are at St. James Church Hall, TA1 1JP. The cakes will be good!

On another note, we have been praying for a new trustee with the skills to be the treasurer of ACTS. Could this be you? Please get in touch. We have an accountant willing to train a new treasurer and we are trialing some new software to make the gift-aid thing easier. We (the Trustees) meet every six (6) weeks, either in person or on ZOOM. We would be delighted to hear from you even if it is a cautious inquiry.

Many thanks to you all.

Margaret Mockford (*Children's Physiotherapist and Trustee*)



*A partially completed perimeter wall meant to add security to the Centre.*

## **Your involvement in other activities last year, worthy of our gratitude:**

- Quiz night where we saw nearly 100 attendees
- The Coffee mornings and Plant sale
- The Vineyard and Friends 'Jingle bells' singalong party last December

Special mention goes to our regular (monthly) givers. You are the heartbeat of this charity. We are a growing charity dependent on your generosity in prayer and kindness. We can be confident of the growth and reach, extending the message of the cross to the world.

## **Upcoming events to bring to your attention**

# CHARITY QUIZ NIGHT

*Family friendly*

In support of ACTS



**St James church hall 7.30pm; 28th Feb. 2026**

Raising funds for children living with disabilities in Uganda.

See ACTS representative for cash bookings

**Adults £5**

**U16 years £2 (free to under 8s)**

Tea and cake sale (Bring own alc.)

Sign up as a homegroup or family. Okay to sign up as an Individual.

We'll place you into a winning group (6-8 a table)

(cash and card payment )

Prize for winning group and raffle prizes

**For Reservations: [actsuganda1@gmail.com](mailto:actsuganda1@gmail.com)**

Charity number: 1206746

actions for children's trust



1.

2. May coffee morning and Plant sale